



Preventing Doping in Professional and in Grassroots Sport through Education and Investigation

Sofia, Republic of Bulgaria

24-25.01.2018

PRACTICAL NOTE

The Anti-doping seminar “Preventing Doping in Professional and in Grassroots Sport through Education and Investigation” is going to be held under the Bulgarian Presidency of the Council of the EU, co-funded by the European Programme Erasmus+ and will take place on 24th and 25th January 2018 in Sofia, Bulgaria.

Delegation Format

The format of the EU MS delegations is **1 Government Official + 1 National Anti-doping Organisation** representative. Other representatives from International Governmental and Non-Governmental Organisations working in the field as well as Non-EU countries representatives are also invited.

Venue



Hotel Marinela Sofia was designed by the legendary Japanese architect Kisho Kurokawa. It is among the iconic buildings of Sofia. The five star hotel is located in the green zone of the capital, the hotel has a view from which you can enjoy both the night lights of Sofia and the beauty of Vitosha mountain. The interior combines tradition and comfort with innovation and modern design. Marinela hotel offers the largest conference facilities in the country, suitable for any type of event and number of guests.

More information on the venue, the services it provides and its leisure activities could be found at <http://www.hotel-marinela.com/lang-en.htm>



Registration

For registration, please follow the link below:

https://docs.google.com/forms/d/e/1FAIpQLSfmTckkEkKMXHN8_CsnwoeNEhYfyS_dNBK12q0y55dkso1wqlw/viewform

If you have any questions concerning the registration, please contact the organisers through anti-doping@mpes.government.bg.

Accommodation

The Bulgarian Presidency of the Council of the European Union will cover the accommodation for two nights of one expert per country (NADO representative) on 23rd and 24th January 2018.

Extra accommodation is not covered.

All other delegates are kindly asked to cover the costs of their own accommodation.

The official hotel of the event **Hotel Marinela Sofia** has pre-booked rooms at following rates (BB per room per night):

- Standard room – 138 € (single occupancy).

Please book directly with the hotel with the reference “Anti-doping”.

Kindly note that any individual expenses such as telephone, bar drinks, room minibar, laundry, extra paid TV, etc. are not included in the room rate. Therefore, you are kindly asked to make sure such bills are settled before departure.

Travelling and Transfers

Each participant is kindly requested to cover his/her travel costs to Bulgaria.

The Bulgarian Presidency of the Council of the European Union will provide transportation from Sofia International Airport to Hotel Marinela Sofia and back for all participants.

Information for the public transport can be found on the website:

<https://www.sofia-airport.bg/en/passengers/and-airport/public-transport>

<https://www.sofiatraffic.bg/en/common>

<http://www.metropolitan.bg/en/>



Taxis are available directly outside the Arrivals Hall at Sofia International Airport 24 hours a day. A taxi service booth is situated in the Arrivals Hall. Make sure that you check the prices of a particular taxi BEFORE you enter the car to [avoid taxi scams](#).

Approximate taxi fee in Sofia:

- Initial Charge: 0.60 – 0.90 lv. (0.30 – 0.45 EUR)
- Daytime rate per km (6am – 10pm): 0.79 – 0.90 lv. (0.35–0.45 EUR per km)
- Nighttime rate per km (10pm – 6am): 0.70 – 0.99 lv. (0.35–0.50 EUR per km)
- Waiting rate: 0.24 lv. per minute (0.12 EUR / min.)
- Call-out charge: 0.90 lv. (0.25 – 0.45 EUR)

Further information: https://www.oktaxi.net/onlineorder_en.php.

Hotels near the Meeting Venue

1. Hill Hotel - <https://www.hillhotel-sofia.com/>
2. Central Park - <http://www.centralparkhotel.bg/>
3. Best Western Lozenetz Hotel - <http://www.lozenetzhotel.com/en/>
4. Hemus Hotel - <http://www.hemushotels.com/lang-en.htm>
5. Meg-Lozenet - <http://www.meg-lozenetz.com/>
6. Magic Castle Hotel - <http://www.magiccastle.bg/index.html>

Facilities and Services at the Meeting Venue

The seminar will take place at Sofia Conference Hall at hotel Marinela Sofia. Free Wi-Fi, computers, monochrome photocopying and scanning facilities will be available at the meeting venue.

Dinner

A Buffet Dinner will be provided for early arrivals on 23rd January 2018.

A welcome dinner for all participants will take place on 24th January. The dinner will be hosted by the Minister of Youth and Sports Mr. Krasen Kralev.



Languages

The working language for the seminar will be English.

Other Practical Information

Important Numbers

Emergency calls 112.

Time Zone

GMT/UTC + 02:00 hours

Currency

The currency in Bulgaria is the Lev (1 BGN = 1.95583 Euro). Money can be exchanged in banks and change bureaus (bureauX).

Country Code

In order to make an outgoing international call to Bulgaria, the country code is +359.

Power Supply

220V \pm 10% electrical supply. Supply frequency is 50Hz.

Plug socket in use is the two-pinned Type F, also known as "Schuko".

Climate

Bulgaria is located in Southeast Europe, in the northeast part of the Balkan Peninsula. The winter temperatures may get down to -20°C.



Tourism

Bulgaria is proud of its pristine nature and amazing biodiversity, which is preserved in the mountains, parks and nature reserves. The country occupies only 2% of Europe's territory but with more than 40 000 cultural monuments and artefacts, it is in third place in Europe. Seven of them are included in the UNESCO List of World Cultural Heritage Sites. This includes prehistoric artefacts, Thracian and Roman heritage, historical monuments from the First and the Second Bulgarian Kingdoms, and architectural landmarks from the Age of Bulgarian Renaissance. As a recognition of its ancient cultural heritage, Plovdiv was selected as 2019 European Capital of Culture.

Traditionally known for its sun, sand and sea, the Bulgarian seaside also offers hiking, biking, golf, yachting and visits to natural, cultural and archaeological sites. The country is one of the most popular skiing destinations in the Balkans with its major ski resorts Bansko, Borovets and Pamporovo.

The healing power of mineral springs has been used since the time of the Thracians and the Romans. With more than 600 healing mineral thermal spas, healing climate and curative mud, Bulgaria is a competitive and medical spa destination. Mineral springs located in the southern part of the country are influenced by the Mediterranean climate, other springs are also found in mountain regions and along the Black Sea coast.

You are welcome to discover and share Bulgaria as a four-season tourist destination.

www.tourism.government.bg

<http://bulgariatravel.org>

<https://ilovebulgaria.eu>

Contacts:

For all matters concerning the seminar, please contact us at:

anti-doping@mpes.government.bg

For travel and accommodation only, please contact Balkan Comfort DMC Ltd at:

+359 2 953 10 04 / +359 2 953 10 08 (9:30-18:00)

comfortdmc@spnet.net

